

Friday

- 6:30 – 7pm Registration
- 7:30 – 8:45 Opening
In the Shamrock Room
- 8:45 – 9:45 Stretches
- 9:45 – 10:30 Free time; relax, eat, movie,

Saturday

- 8:00am Centering Prayer
- 8:15am Exercise
- 8:30 Breakfast
- 9:00 Group
- 9:45 Session
- 11:00 Session
- 12:00 Lunch
- 1:30 Group
- 2:00 Session
- 3:30 Group & Closing –

Have a safe trip home. We pray that you had a wonderful refreshing time and go home feeling beautiful on the inside and out. Know that you are loved by many.

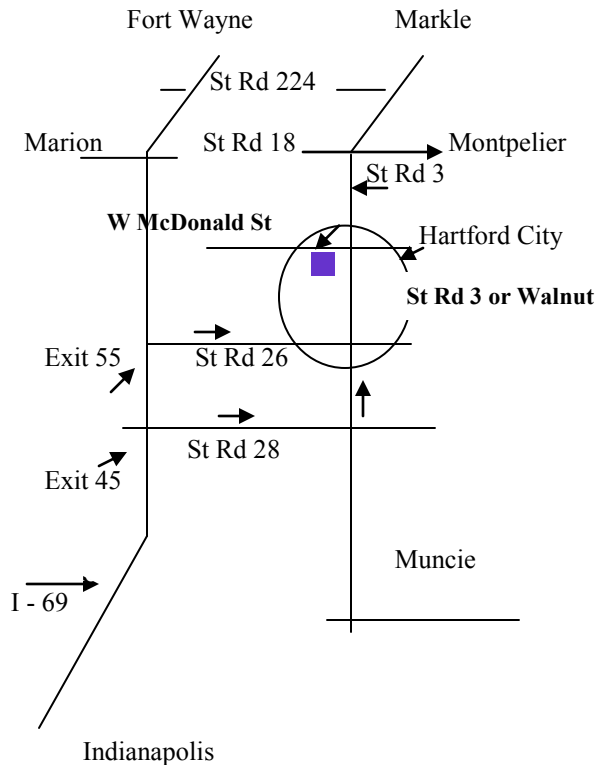


Location: From the South

We are north of Indianapolis; take I-69 to exit 45 at St Rd 28 turn east and follow 28 to State Road 3, turn north (left) go to Hartford City continue north 11 blocks to McDonald street, turn west and we are the 2nd house on the south side. (1 - 2 hrs.)

Location: From the North

We are south of Fort Wayne; take I-69 to St Rd 18 turn east until you come to St Rd 3. Turn south on 3 until you come to Hartford City, go 3 blocks south after the first red light to McDonald St, turn west and we are the 2nd house on the south side. (1 hr.)



Fighting the winter
blahs . . .



**At:
John XXIII Retreat Center**

January 27 - 28, 2012
Fri. 6:30pm - Sat. 4pm

*Woman's Spa
Retreat*

*******Registration*******

Spa Retreat
January 27 - 28, 2011

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: () _____

E-Mail: _____

Please note any special needs regarding food or stairs, etc. _____

PLEASE REGISTER BY: January 16, 2012

Registration fee: \$ 105.00

Deposit: 25.00

Balance Due 80.00

The deposit will be subtracted from your Registration fee.

Cancellation Policy: Full refund if cancellation is received ten days prior to start date. Please include your deposit when registering, and make checks payable to John XXIII Center. Contact the Center if you have any questions.

Send registration to:

John XXIII Retreat Center
407 W. McDonald Street,
Hartford City, Indiana 47348
(765) 348-4008 Fax: (765) 348-5819
Email: john23rd@sbcglobal.net

Woman's Spa Retreat

Fighting the Blah's



Friday 6:30pm – Saturday 4:00pm.

Are you feeling the winter's "blah's"? Come and experience a "lift" and be pampered.



We will have a time for:
Devotional & sharing
Singing & Laughing
Quiet time & Prayer service.

You will have the opportunity to have a:

Swedish massage
Foot bath
Simple exercise and stretches
Opportunity to be creative
And more. . .



You may choose what **YOU** want to participate in or do "it all".

This is your day!

Led by Dorothy Stewart and other instructors

Fee: \$105.00

Includes: Overnight lodging, breakfast, lunch, massage, instructors fees and all supplies.

Please register by January 16th

